



SUMMER CAMP

**Tested, edited &
approved by:**

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Junior

Snap, Crackle, Pop: 4th of July Camp

Grades: K-5th

Each of the five days are set to three-hour periods. Depending on how much time is allotted you may extend or shorten times if needed, however, the set minutes are a good time frame.

Day One:

Introduction-15 minutes

Have everyone including instructors state their name, age, and favorite holiday. Next, have the instructors explain the expectations for the camp and what activities they will get to do throughout the camp.

Popsicle Flags-30 minutes

To start this craft each kid will need to cut (2) 3 1/2 inch popsicle sticks and (3) 3-inch popsicle sticks. You'll also need 5 uncut popsicle sticks. Paint your popsicle sticks. You won't need to paint the 3 1/2-inch sticks. Paint your popsicle sticks. You won't need to paint the 3 1/2-inch sticks.

Straw Rockets- 30 minutes

For this activity, each kid will need to start off with at least one straw and paper that is approximately 3x3 inches. They will also need scissors markers or crayons, and tape. To begin cut the paper into small squares around 3x3 inches. Next, decorate the papers. After that roll the paper around the top of the straw, the rocket should go on and off the straw with ease, once it does that tape seam closed. Fold top down, and after that, they should be ready to fly!

Firework Safety-15 minutes

throughout this camp, it is beneficial for the kids to know the hazards of fireworks and so explaining the basics can influence them to take more precautions during the holiday. By doing this

start by asking a few questions about what they already know and then lead into showing/explaining the danger fireworks have. Below is a video that educates kids about fireworks. [\(1\) Fireman Sam NEW Episodes - Safety Fireworks! - YouTube](#)

Patriotic Wind Catcher- 45 minutes

For this activity you will start by cutting a star out of one of the paper plates and either painting or coloring it blue. Then take another paper plate and either paint or color red and white stripes on both sides. After that is completed you will take the plate with stripes on it and cut it into a spiral going up and down. Then you will hole punch a hole into the top and bottom of the star and the biggest part of the spiral. Then you will attach the spiral to the bottom of the star and then tie a piece of string to the top of the star. After that, you can attach the string to your favorite place to let it hang!

4th of July Bingo- 20 minutes

This activity allows the kids to compete to see who can get 4 in a row first! To start this activity each kid will need a bingo sheet (attached below) and something to mark off their boxes as the game goes on. The instructor will call something that is in the box and the first kid to get 4 in a row either up and down, side to side, or horizontally will win! Another way to play is to do a blackout version and have the kids need to cover the whole board.

Game sheet: <https://pin.it/3lOT2ll>

Free time

At the end of each session the kids were expected to help clean up and then were able to play in the zone. If there is a play area available for the last 15-20 minutes of the day feel free to send the kids there as they wait for their parents to pick them up.

Day Two:

Sparkle Bottles-30 minutes

For this activity each kid will need to start off with one plastic water bottle without the label on it. Then they will fill $\frac{3}{4}$ of the bottle with water and add as much 4th of July-themed glitter as they want to it. After that, fill the rest of the bottle with glycerin and screw the lid on tight. Lastly, shake it up and watch the magic happen, if ribbon is available; tie a piece of ribbon around the cap to make it more festive.



Ribbon Flag Wands- 45 minutes

Do you need something to wave around at your local parade or while the fireworks explode into the air?! Perfect! For this activity, each kid will need a 12-inch long, ¼-inch wide, wooden dowel. By using paint they will paint three-quarters of the dowel and then let it dry. While they are drying the kids can cut 3 blue strips of ribbon, 3 red strips, and 2 white strips that are each 20 inches. Fold one of the blue ribbons in half and loop it around the end of the wand. Repeat folding and wrapping the blue ribbons 3-4 more times and then alternate between red and white all the way down the dowel to the painted portion. Optional: To secure in place, tighten each ribbon and use the hot glue gun to place a drop of glue at the inside knot of the ribbon, against the wand.

Edible Flag- 30 minutes

For this activity the kids will get to make an edible flag out of only a few ingredients! First, each kid will need their own full-size graham cracker. Once they each have a graham cracker, use cool whip or frosting and coat the whole thing. Once that is done give each give around 10 pre-cut slices of strawberries to use as the red and white stripes. Then the stars will be blueberries. (however many fit) Once this is assembled it should look like an American Flag. Enjoy!

How Fireworks Are Made- 10 minutes

This video provides good (and scientific) information about how fireworks are made and the history behind them. During clean up from the last activity the kids can watch this video to learn some more about fireworks!

https://www.youtube.com/watch?v=n1ixjhzwr_E&ab_channel=ConcerningReality

Star Spangled Slime- 30 minutes:

For this activity, each kid will need their own plastic cup or bowl to make their slime in. First start off by giving each kid a bottle of clear glue to pour into their bowl, then slowly add the liquid starch. Just a tiny bit at a time because it does go a long way! Continue adding until the mixture begins to stick together. After each time you add starch, mix it together. Once it is feeling like slime, add in the star confetti and play with your 4th of July slime!

4th of July Bead Bracelets- 20 minutes: To start this activity, measure each kid's wrist or ankle with a piece of bracelet-making string. Then have the kids tape one side of the string to the table and add red, white, blue, and sparkle beads onto the bracelet. When they are done adding all the beads either double or triple-knot them onto their wrist or ankle for them to

wear! If there is still more time during today's session, have them help clean up or give them some free time!

Day Three:

Bald Eagle Time-1 hour:

To start this craft, each kid will need their own toilet paper roll, to begin, fold your yellow foam paper in half. On the fold, cut out the shape of bird feet. Use the scraps to create small triangle beaks. Next, cut the ends of a popsicle stick off. Keep them about 1 inch long. Glue your eagle's feet onto the popsicle stick. This will help weigh down your toilet paper tube and give it a bit of stability. Glue your bird's feet to your toilet paper tube. Cut a long strip of brown felt a little more than half the height of your toilet paper tube. Wrap the felt around the bottom of your toilet paper tube and secure it with glue on the back. Follow this step with your white felt. Trim off any excess felt from the top with scissors. Cut wing shapes out of your brown felt. They don't need to be perfect! Glue your wings onto the brown portion of your toilet paper tube. Take your bird's beak and fold it in half and pinch it on the bend tightly. You want to create a 3D beak. Glue your bird's beak into place. Glue google eyes above your bird's beak. Your bald eagle is finished and looking mighty fearless! Now, he's done, and you can put him on display with the rest of your holiday decor!

Bald Eagle Video- 10 minutes:

During the clean-up of the last activity, play this video for kids to get educated about bald eagles and how special they are!

https://www.youtube.com/watch?v=a_aPYRdAcEY&ab_channel=WildlifeCrystal

4th of July T-shirt- 30 minutes:

For this activity, each kid will need their own white t-shirt and a pallet of red and blue paint. To start, lay out your t-shirt making sure there are no bumps in it. Then take your paintbrush and paint your hand (YES your hand) with blue paint. When your hand is coated in paint, place it on the shirt going up and down the make the star part of your flag. Then carefully take another paint brush and by using red paint, paint red stripes along the T-shirt. When you are done, let dry for approximately 45 minutes-1 hour (unless using a blow dryer to dry.)

4th of July Loop Contest- 20 minutes:

For this activity have pre-cut, red, white, and blue papers. Each kid will get 15 minutes to see who can build the longest loop chain. By doing this they will take the pre-cut pieces and loop



them together using tape. If the loop comes undone they must restart and the time must keep going. At the end lay all the chains together to see who has the longest one!

Patriotic Punch- 25 minutes:

For this activity start by lining up the kids. Then each kid will dump in a splash of red kool-aid, white Gatorade, and blue Gatorade into a large pitcher. Then once the whole bottle of each drink is in, watch it all mix together creating a red and blue mixture. Once the experiment has happened stir all of it together and pour it into cups and enjoy!

Day Four:

Tie- Dye Shirts- 30 minutes:

For this activity, each kid will need a white T-shirt, pre-washing the shirt will help this project go a lot better too. After that, you will fold twist, and tie the shirt with rubber bands. Then you will prepare the dye

Bomb Pop- 1 hour:

During this activity, kids will get to create their own version of a bomb pop! First stack your three papers up with red on top, white in the middle, and blue on the bottom. The bomb pop's white section is a little larger than the other two, so keep that in mind.

Draw the outline of the bomb pop onto the paper like this. Cut out the pieces. Glue the bomb pop pieces together. Once the paper dries, glue a jumbo craft stick to the bottom, and your bomb pop popsicle craft is done! If you're running short on time, try gluing the pieces together with hot glue. Hot glue dries so much faster than other glue, and is wonderful to use when kids don't want to wait for the glue to dry!

Suncatcher- 1 hour:

To start this craft, make the frame by using the ruler to draw a line around the outside of the craft paper. Carefully cut the inside out. Use the inside of the paper as a template. Leave extra space and trace around the template onto the contact paper. Cut out the contact paper, peel off the backing, and stick it to the back of the frame. Use tape to secure the contact paper to the frame. Then decorate the contact paper with the paper stars. Then tear pieces of tissue paper and stick them to the contact paper. Once the kids are satisfied the craft is done and ready to be hung up.

Red white and blue chemical reaction- 30 minutes:

This last activity will allow the kids to see some real science happen! For this activity place a jar onto a large tray. Pour a small amount of vinegar into each section. Watch as the red, white,



and blue colors rise to the top and start to swirl together. Keep adding baking soda until the reaction stops.

Day Five:

Glow in the dark sensory bottle- 30 minutes:

Fill your water bottles 4/5 of the way full with water. Then add some glitter and 5 drops of food coloring (if you choose). Add 1/4 cup of baby oil being sure to leave a little room at the top without any liquid so the bottles will shake nicely. Now 'activate' a glow stick (by bending it) and drop it into the bottle. This is a great time to talk about the science of sensory bottles — you can see the glitter falls to the bottom (it's denser than water) and the oil floats on the top.

Fireworks in a Jar: 30 minutes:

Begin by filling an empty jar 3/4 of the way with water. Set this to the side. In a bowl combine 3 tablespoons of [cooking oil](#) along with several drops of [food coloring](#). You will want to add 3-5 drops of food coloring for each color that you are using. Use a spoon to *stir the food coloring* into the oil. *It will not mix*, but stirring will help to break the food coloring into smaller droplets. Now, pour the container of oil into the jar of water. After a moment or two *the oil will settle at the top* of the jar, but [the food coloring](#) will begin to shoot down and mix into the water, *creating a "fireworks" effect!* The food colors will continue to shoot down *like fireworks* until all of the droplets have fallen from the oil.

4th of July Crowns -1 hour:

To begin this activity, cut a paper plate in half. Paint one half of the paper plate with blue paint. While the paint dries cut triangles from red construction paper. We cut out both small and large triangles. When the blue paint has dried, cut out the center of the plate. Generally following the edging of the paper plate, where the plate begins to curve up or where the decorative edging begins, leaving about a 1.5 to 2-inch wide strip. Attach a piece of elastic cord to the the bottom of each end of the paper plate crown. You can use scissors or a hole punch to make a hole then thread the elastic cord through and tie it off in the back. The last step is to glue or tape the cut-out triangles to the crown. Organize them on a table in the pattern you want, we alternated big and little, then attach them to the crown on the backside.

Star Person Craft - 1 hour:

First cut one large star from the blue construction paper. Cut four small stars from the white construction paper. Cut four strips from the red construction paper. Accordion fold the red strips. Glue one end of each red strip to the large star. Glue a small star to the other end of each red strip. Glue two wiggly eyes on the front of the large star. Display the patriotic star person.



Supplies:

Day One:

- Popsicle sticks
- Blue red and white paint
- Straws
- Paper
- Scissors
- Markers
- Tape
- Paperplates
- Hole punch
- string

Day Two:

- Waterbottle
- Glitter
- Glycerin
- Ribbon
- Wooden dowel
- Hot glue gun and glue
- Blue, red, and white ribbon
- Graham crackers
- Cool whip/frosting
- Strawberries
- Blueberries
- Plastic cups/bowls
- Liquid starch
- Clear glue
- Star confetti
- Bracelet making string
- Red white and blue beads

Day Three

- Toilet paper rolls
- Yellow foam paper
- Popsicle sticks



- Glue
- Brown felt
- White felt
- Googly eyes
- White tshirts
- Red and blue paint
- Paint brushes
- Red white and blue construction paper
- Red koolaid
- White gatorade
- Blue gatorade

Day Four

- White tshirt
- Rubber bands
- Tie dye
- Construction paper (red white and blue)
- Glue
- Popsicle sticks
- Hot glue gun and glue
- Ruler
- Craft paper
- Scissors
- Jar
- Vinegar
- Baking soda
- Food coloring
- Contact paper
- Tissue paper

Day Five

- Waterbottle
- Glitter
- Foodcoloring
- Baby oil
- Glowsticks



- Jar
- Cooking oil
- Paper plate
- Blue paint
- Red construction paper
- Elastic cord
- Scissors
- Hole punch
- Glue
- Tape

