

Overview: ACTivate – ACT Preparation

5 Topics, 14 Lessons

Note to facilitator:

One of the most important components to address when prepping for the ACT test – or any new challenge – is the mindset of the person themselves. Literally, everything that are and hope to become is shaped by our mindset. Given that, we suggest building in an introductory lesson that will help reduce stress and improve mindfulness. The lesson Glitter Jar will help students [CASEL.org's](https://casel.org) five components of SEL growth, Self-Awareness, Self-Management, Social Awareness, Relationship Skills, and Responsible Decision Making. We suggest that you make the jar at the outset of the club so that students can use it as needed throughout the lessons.



Lesson Overview:

Each lesson 45-minute lesson starts with a “setting the stage” question for whole group or small group input followed by a short (3-5 minute) video that further sets the stage. Then, students will work as a team or individually to complete a project related to the topic at hand. Reflections follow projects. Those can be oral, written, or podcasty or some combination of all the above.

1. Topic 1 – English

- Lesson A – Websites, Ads, and Social Media
- Lesson B – Memorization
- Lesson C – Grammar Feud Game

2. Topic 2 –Math

- Lesson A – Make a Lesson Plan* This could be a two-part session as students could then teach each other the lesson that they created.
- Lesson B – Jeopardy Game
- Lesson C – Relay Game

3. Topic 3 –Reading

- Lesson A – Storyboard
- Lesson B – Quick Reading Game and accompanying PowerPoint
- Lesson C – Comprehension Game

4. Topic 4 –Science

- Lesson A – Graphing Game
- Lesson B – Tips and accompanying flash cards
- Lesson C – Robbery Game

5. Topic 5 –Tips for a perfect 36!

- Lesson A – Practice!, Pace Yourself, and Complex Questions? Make Them Easier!

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6. Summary of the ACT Test for Facilitators

- This summary answers these questions:
 - a. What is the ACT test?
 - b. How is it used?
 - c. What are the parts?
 - d. How long does it run?

7. Other Resources:

- URL – Practice Tests - <https://www.crackact.com/>
- URL – Much Smarter Practice Tests for free
 - a. <https://www.muchsmarter.com/free-act-game>
- **Crash Course – Why and How We Read 101** - <https://net.pbslearningmedia.org/resource/Oceeabde-5f0a-4154-b782-d495b3a0b430/how-and-why-we-read-crash-course-english-literature-101/>, 6 minutes and 51 seconds
- Three tips on science test - <https://www.youtube.com/watch?v=a4fBja178TM>, 8 minutes, 43 seconds
 - a. Use pencil to underline details
 - b. Turn paragraphs into images & charts
- c. Easier questions to begin, more syntheses towards the end of the test

